

CARING FOR YOUR TEMPORARY RESTORATIONS

- Take ibuprofen as directed for discomfort.
- Brush gently and floss carefully. We may recommend other cleaning aids to keep area free from plaque.
- Avoid eating and chewing for at least one hour after your appointment.
- If you experience sensitivity to: hot/cold food or drinks, or to pressure, use desensitizing toothpaste.

Experiencing soreness for several days is normal.

Please contact our office if a temporary comes off. Please save the temporary so it can be re-cemented. It is very important that your temporary stays in place for the proper fit of your final restoration.

Office phone: (920) 347-2626